

Rural Resources

Farm & Food Teen Training Program

January 2023 – August 2023

Saturday January 7 10am – 12:30pm	Kitchen Livestock	Roasted Tomato soup, Grilled Cheese sandwich, Salad with Chef Rush Starting a Rabbitry / Planning barn space / Rabbit Breeds with Miss Vicky
Monday January 16 (School holiday) 10am – 3pm	Community Learning Event	Canning Class – open to community members also. Prepare & learn the process of canning potatoes & pork sausage grown on the farm. (non-paid event) Led by Volunteer Debbie Strickland
Saturday January 21 10am – 12:30pm	Kitchen Garden Livestock	Massaman curry chicken, vegetables, and rice with Chef Rush Prepare soil and containers for seeds in greenhouse with Miss Summer Bottle Calves with Miss Charlesey
Saturday February 4 10am – 12:30pm	Kitchen Rabbitry Garden	Chicken Souvlaki, Spanakorizo, and Greek vegetables with Chef Rush Clean barn space & work on the “to do” list created in the planning session with Miss Vicky Planting Kale & Radish seeds in 2 different environments as an alternative to the greenhouse. Cold Frame outside & Plastic seed tray cover inside the classroom. With Miss Lee & Miss Ashley
Thursday February 9 6pm – 7:30pm	Family Night	Family Nutrition with Rebecca Dillow Dinner Menu: Buddha bowl & Bubble tea Prepared by Chef Rush
Saturday February 18 10am – 12:30pm	Kitchen Livestock Garden	Mardi Gras inspired meal – Take home King Cakes Field trip to Prime Number Farm to work sheep with Miss Charlesey. Planting Spinach, Kale, and Lettuce seeds in greenhouse with Miss Summer
Saturday February 25	Livestock Garden	Preparing for calving & halter breaking with Miss Charlesey Hoop house with Miss Summer

<p>Saturday March 4</p> <p>10am - 12:30pm</p>	<p>Kitchen (10am-11am)</p> <p>Wellness (11:15am-12pm)</p>	<p>Food budgeting with Chef Rush</p> <p>Yoga with Miss Sheila</p>
<p>Thursday March 9</p>	<p>Family Night</p>	<p>Guest Speaker: Jeff Taylor - Greene County Partnership Goal setting</p> <p>Menu: Traditional Corned Beef & Cabbage, with Irish Soda bread, and green cupcakes!</p>
<p>Tuesday March 14 (Spring Break)</p>	<p>Wellness</p> <p>Garden</p>	<p>Hike to Margarett Falls with Miss Charlesey</p> <p>Tomatoes! Planting, discussing & tasting with Miss Summer</p>
<p>Thursday March 16 (Spring Break)</p>	<p>Wellness</p> <p>Garden</p> <p>Rabbitry</p>	<p>Intro to horticulture / landscaping. Planting flowers on the walking trail, and working on the dead hedge.</p> <p>Hoop house pallet beds</p> <p>Guest: Kristin Boone will lead demonstrations on breeding our Does to the new Buck, and telling gender of 4 week old kits</p>
<p>Saturday April 1</p>	<p>Kitchen</p> <p>Garden</p> <p>Rabbitry</p>	<p>Chop Steak, gravy, mashed potatoes & veggies</p> <p>Take old cages down to repair. Clean & prepare kit boxes.</p>
<p>Saturday April 15</p> <p>1pm - 3pm</p> <p>3pm - 6pm</p>	<p>Fundraiser</p>	<p>Assist with Earth Day Art Class (Sarah Creutzinger will lead the class)</p> <p>Event Set-up for Burgers & Bluegrass</p> <p>Assist with food preparation & serving during event</p>
<p>Tuesday April 18</p> <p>6pm - 7:30pm</p>	<p>Family Night</p>	<p>45 min Parent/Guardian/Adult session: ACE's and Resilience presented by Miranda Russell</p> <p>Teens will help prepare dinner for the group during the Adult session.</p>
<p>Saturday April 29</p>	<p>Community Learning Event</p>	<p>Shopping Bag Gardens Led by Charlesey & Summer</p>

Thursday May 11 6pm - 8pm	Family Night	30 min. Parent/Guardian/Adult session: How to be an Askable Adult & Information about upcoming Wellness Classes Presented by A Step Ahead Foundation Teens: first 30 min in the Kitchen
Saturday May 13	Kitchen Wellness	Mother's Day Art class
Wednesday June 7	Livestock Garden	
Wednesday June 14	Livestock Garden	
Thursday June 15 10am - 1pm	Kitchen	
Wednesday June 21	Livestock Garden	
Wednesday June 28	Livestock Garden	
Wednesday July 5	Garden	

Thursday July 6	Kitchen	
Tuesday July 11	Community Learning Event	Farm Budgeting Greet & check-in guests. Prepare & serve dinner. Set-up & clean-up
Wednesday July 12	Livestock	
Week of July 17 - 21	Kitchen	Teen Family Cooking Camp
Wednesday July 19	Garden	
Week of July 24 - 29		Greene County Fair Teens will work in the Rural Resources booth, talking with the community about the Teen Program.
Month of August		No classes will be scheduled during the month of August Enrollment for the 2023-2024 Teen Training Program will begin August 1, 2023